Iowa County Parenting Resources

ACCESS COMMUNITY DENTAL CLINIC (935-5550) <u>www.accesscommunityhealthcenters.org</u>. Full-range of dental services for Iowa County residents with BadgerCare and Medicaid and uninsured people with low incomes.

BIRTH TO THREE PROGRAM (935-2776). It is an early intervention program to support families of children with developmental delays or disabilities under the age of 3 years.

COMMUNITY CONNECTIONS FREE CLINIC (930-2232). Free medical services for those without health insurance on Tuesday and Thursday from 5:30 to 8:00 p.m. located in Dodgeville.

FAMILY CONNECTIONS (1-800-267-1018 or 608-348-2846) (www.familyconnectionsswwi.org). Information on choosing safe, affordable and appropriate child care for children of all ages and needs. Play-and-learn play groups. Provides technical assistance with regulated child care providers including YoungStar consult.

FAMILY RESOURCE CENTER OF IOWA COUNTY (935-7300) (<u>partnerwithparents@gmail.com</u>). Car seat information. Family home visits, developmental screenings for children ages birth to 5.

EARLY HEAD START (935-5422) (swcaphs.@mhtc.net). Provides early, continuous, comprehensive child development and family support services to infants and toddlers (up to age 3) and their families, and pregnant women.

HEAD START (935-5422) (swcaphs@mhtc.net). A comprehensive pre-school program providing a variety of educational, health and social services to children ages 3-5 and their families. The program aims to promote school readiness, positive parent interaction, self-sufficiency and a healthy lifestyle.

IOWA COUNTY EXTENSION OFFICE (930-9850) (<u>ruth.schriefer@ces.uwex.edu</u>) **Ruth Schriefer**. Information on parenting, child growth and development, managing household spending. (<u>donna.peterson@ces.uwex.edu</u>) **Donna Peterson** (608-333-4803). FoodWise Healthy Choices, healthy lives, stretching food money.

IOWA COUNTY HEALTH DEPARTMENT (930-9870). Email (healthinfo@iowacounty.org). Free home visits to families before and after birth, immunizations, fluoride varnish, water kits, and information. Also call for the recommended childhood, adolescent and adult immunization schedule and information.

NEIGHBORHOOD HEALTH PARTNERS (1-877-449-7422) (www.swnhp.org). Located in Dodgeville at 930-7720 and Platteville at 348-9766. Health care that includes physical exams, screening and treatment services; contraception and pregnancy testing.

SOCIAL SERVICES OF IOWA COUNTY (1-888-794-5780). BadgerCare, Medical Assistance, FoodShare, Childcare Assistance, and Home Energy Assistance.

UPLAND HILLS BIRTHING SUITES (930-8000): Birthing classes, CPR for infants, breastfeeding support and information.

WIC (Call 935-2326 or 1-800-704-8555 and *ask for WIC*) (www.swcap.org). Provides nutrition information and counseling and food vouchers for women, infants, and children to age five.







